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FOR: Big Bear Exploration Ltd.

TSE SYMBOL: BDX

March 2, 1999

Big Bear Exploration Ltd. - Conference Call

CALGARY, ALBERTA--

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Big Bear Exploration Ltd. has scheduled a conference call for interested parties for Wednesday, March 3, 1999 9:00 am Calgary Time. The number to call in to participate is 1-416-695-9717.

Big Bear Exploration Ltd. is a Calgary based oil and gas company listed on The Toronto Stock Exchange under the symbol "BDX".

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